

## Licensee Information

### Russell Alexander Michael Trigonis - MD

**License #:** 2021-00661      **License Status:** Active      **Public Action:** No  
**Issue Date:** 03/02/2021      **Renewal Date:** 11/24/2026

#### Active Supervisees

Name	Type	Status	Approved
Biggs, Scout Runyan	Physician Assistant	Active	02/24/2026
Healey, Megan Rebecca	Physician Assistant	Active	02/25/2026
Johnson, Tabetha Marie	Physician Assistant	Active	03/02/2026
Roy, Samuel Arthur	Physician Assistant	Active	03/02/2026
Self, Janey Cathrine	Physician Assistant	Active	03/17/2026
Stadnicki, Sara Kathryn	Physician Assistant	Active	03/13/2026
Wyckoff, Maranda Paige	Physician Assistant	Active	02/24/2026

#### North Carolina Hospital Admitting Privileges

Location
Carolinas Medical Center
Carolinas Medical Center- NE

#### Out of State Active/Inactive Licenses

State
Indiana

#### Out of Country Active/Inactive Licenses

Country
None Reported

#### Address

NorthEast Critical Care Associates  
 920 Church St. N  
 Suite 255  
 Concord, NC 28025  
 704-403-3000

#### Information

Days patients are seen at this practice:

Participates in Medicare:

Practice philosophy:

Accepting new Medicare patients:

Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):

Participates in Medicaid:

Non-English languages in which practitioner is able to provide clinical services (e.g. Hindi, Spanish):

Accepting new Medicaid patients:

Uses electronic medical records:

## Medical School

School	Graduation
Virginia Tech Carilion School of Medicine	2016

## Post Graduate Training

"Last Year" does not necessarily mean that the licensee completed his/her training program. (In NC, a physician can be licensed without completing such a program.)

Institution	Specialty	State, Country	Training Program	Last Year
Indiana University	Critical Care-Internal Medicine	IN, US	Fellowship	2021
Atrium Health - Carolinas Medical Center	Emergency Medicine	NC, US	Residency	2019

## Current Board Certification and Year of Certification/Recertification

Physicians should not list non-ABMS or non-AOA specialty boards unless the board meets the criteria set forth in the NC Medical Board's Advertising and Publicity Position Statement.

Primary/Subspecialty	Year
Critical Care Medicine	2021

## Area of Practice

Area Of Practice	Primary
Critical Care-Internal Medicine	Yes
Emergency Medicine	

## Current Membership in Medical Professional Organizations

Membership
None Reported

## Honors & Awards

Honor/Award	Given By	Date
None Reported		

## Public Service

Name of Clinic	Service Description	Date
None Reported		

## Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

## Publications

Title
None Reported

## Section 1: Adverse Actions

### North Carolina Medical Board Public Actions

Date	Description	Link
None Reported		

### Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

### Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

## Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

### North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

### North Carolina Special Purpose Licensing Agreement

Date	Description	Link
None Reported		

### Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

### Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

## Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

Information loaded from this database is current as of 5/11/2026 6:11:58 AM