

Licensee Information

Rita M Langworth-Brewer - PA-C

License #: 0010-02896 **License Status:** Active **Public Action:** No
Issue Date: 05/13/2011 **Renewal Date:** 02/03/2027

Licensee Photograph



Active Supervisor

Name	Type	Status	Approved
Enochs, Paul Ebenezer, MD	MD	Active	01/06/2025
Lovelle-Allen, Susan, MD	MD	Active	01/26/2026
Pilati, David Michael, MD	MD	Active	04/04/2026

North Carolina Hospital Admitting Privileges

Location
Rex Healthcare
WakeMed Cary Hospital

Out of State Active/Inactive Licenses

State
Florida
New York

Out of Country Active/Inactive Licenses

Country
None Reported

Address

Information

Days patients are seen at this practice:

Mon, Tues, Wed, Thurs, Fri

Practice philosophy:

"I treat patients with obesity, type II diabetes and other metabolic related disorders with an emphasize on the importance of lifestyle change, in combination with medical treatments, in maintaining optimal health."

Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):

Non-English languages in which practitioner is able to provide clinical services (e.g. Hindi, Spanish):

Participates in Medicare:

Yes

Accepting new Medicare patients:

Yes

Participates in Medicaid:

No

Accepting new Medicaid patients:

No

Uses electronic medical records:

Yes

PA School

School	Graduation
Weill Cornell Medical College Physician Assistant, Surgical Focus	1990

Area of Practice

Area Of Practice	Primary
Lifestyle and Obesity Med	Yes

Current Membership in Medical Professional Organizations

Membership
None Reported

Honors & Awards

Honor/Award	Given By	Date
None Reported		

Public Service

Name of Clinic	Service Description	Date
None Reported		

Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

Publications

Title
Featured in Wellness Magazine https://wellnessmasterclub.ewellnessmag.com/the-secret-you-didnt-know-about-your-health-ffs-a-998-2025-rita-brewer-consulting/?fbclid=IwY2xjawQ-Rr1leHRuA2FbQlxMABicmlkETFqYXdtRkd1WkdxEUExBdlI5c3J0YwZhcHBfaWQQMjlyMDM5MTc4ODIwMDg5MgABHgjquRmvR1gFB-Ed6r5dszLkYlEWyehQ1JC9zzz53LkpSrLPTg33TouP4OK_aem_lvleVJfGw-ByP3WaFeEFMQ

Section 1: Adverse Actions

North Carolina Medical Board Public Actions

Date	Description	Link
None Reported		

Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

North Carolina Special Purpose Licensing Agreement

Date	Description	Link
None Reported		

Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

