

Licensee Information

Steven Taylor Szabo - MD

License #: 2013-01835 **License Status:** Active **Public Action:** No
Issue Date: 08/21/2013 **Renewal Date:** 07/30/2026

Active Supervisees

Name	Type	Status	Approved
Harris, Kami Smith	Physician Assistant	Active	12/10/2025

North Carolina Hospital Admitting Privileges

Location
Durham VA Medical
Triangle Springs
VAMC

Out of State Active/Inactive Licenses

State
Florida

Out of Country Active/Inactive Licenses

Country
None Reported

Address

Durham VA Medical Center
 508 Fulton Street
 Durham, NC 27705

Information

Days patients are seen at this practice:

Practice philosophy:

Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):

Non-English languages in which practitioner is able to provide clinical services (e.g. Hindi, Spanish):

Participates in Medicare:

Accepting new Medicare patients:

Participates in Medicaid:

Accepting new Medicaid patients:

Uses electronic medical records:

Medical School

School	Graduation
Medical University of the Americas	2009

Post Graduate Training

"Last Year" does not necessarily mean that the licensee completed his/her training program. (In NC, a physician can be licensed without completing such a program.)

Institution	Specialty	State, Country	Training Program	Last Year
Duke University Medical Center	Psychiatry	NC, US	Residency	2013

Current Board Certification and Year of Certification/Recertification

Physicians should not list non-ABMS or non-AOA specialty boards unless the board meets the criteria set forth in the NC Medical Board's Advertising and Publicity Position Statement.

Primary/Subspecialty	Year
Psychiatry	2013

Area of Practice

Area Of Practice	Primary
Psychiatry	Yes

Current Membership in Medical Professional Organizations

Membership
1996 - Member of Psy Chi (National Psychology Honor Society)
2000 - Member of the Serotonin Club
2001 - Member of the Canadian College of Neuropsychopharmacology (CCNP)
2003 - 1997 - Member of Society for Neuroscience
2004 – Invited Reviewer for Biological Psychiatry
2004 – Invited Reviewer for Journal of Neuroscience
2005 – Who's Who in America – 60th Diamond Edition - 2006
2009 – Invited Reviewer – International Journal of Neuropsychopharmacology

Honors & Awards

Honor/Award	Given By	Date
Junior Investigator Award	American Psychiatric Association (APA) 15th Annual	2010
NCDEU New Investigator Award	New Research Approaches for Mental Health Interventions	2010
Dean of Clinical Medicine Award	Medical University of the Americas	2009
Award Winner	American Academy of Addiction Psychiatrists	2006
Award Winner	International Society of Neurochemistry (ISN)	2005
Invited Participant	Career Development Institute for Bipolar Disorder	2005
Nominated Award Winner	American College of Neuropsychopharmacology/European College	2005

Bristol Myer's Squibb Award	American College of Neuropsychopharmacology (ACNP)	2004
Hot Topic Speaker	American College of Neuropsychopharmacology (ACNP)	2004
Invited Presenter	National Alliance for Research on Schizophrenia and Depressi	2004
Chairperson and Invited Speaker	Symposia on Sleeping Butyrate: True Tale of GHB	2003
Research Grant Awardee	National Alliance for Research on Schizophrenia and Depressi	2003
Young Investigator Award	College on Problems of Drug Dependence	2003
Eli Lilly Travel Fellowship	Society for Biological Psychiatry	2002
Rafelsen Fellowship Award	Collegium International Neuropsychopharmacology (CINP)	2002
CCNP Award Winner	24th Canadian College of Neuropsychopharmacology	2001
Jock Cleghorn Award	Canadian College of Neuropsychopharmacology	2001
Junior Investigator Award	American Psychiatric Association (APA) 6th Annual	2001
Award Winner	European College of Neuropsychopharmacology (ECNP)	2000
Fellowship Award	Medical Research Council (MRC) of Canada	2000
Fellowship Award	FRSQ-FCAR-Santé - Quebec, Canada	2000
Alma Matter Fellowship Award	McGill University	1999
Lehman-Jasper Award	FRSQ-FCAR-Santé - Quebec, Canada	1999
Research Fellowship	Royal Victoria Hospital (RVH) - Montreal, Quebec, Canada	1999
Max Stern Recruitment Fellowship	McGill University	1997

Public Service

Name of Clinic	Service Description	Date
Nevis, West Indies	St. Kitts and Nevis Community Health Screening Day	2006
National Alliance for Research on Schizophrenia and Depressi	National Alliance for Research on Schizophrenia &	2004
University of Florida	National Affective Disorder Screening Day	2000
Society for Neuroscience	Society for Neuroscience Brain Awareness Presenter	1998

Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

Publications

Title
BLIER, P., AND SZABO, S.T. Potential mechanisms of action of atypical antipsychotic medications in treatment resistant depression and anxiety. <i>Journal of Clinical Psychiatry</i> (2005) 66: 30-40.
BLIER, P., HADDJERI, N., SZABO, S.T., DONG, J. Enhancement of serotonergic function - A sometimes insufficient cause of antidepressant action. <i>Human Psychopharmacology</i> (2001) 16: 23-27.
BLIER, P., SZABO, S.T., DONG, J., JASSEN, S., HADDJERI, N., GOBBI, G.. Enhancing simultaneously serotonin and norepinephrine transmission: fundamental and clinical studies. <i>International Journal of Neuropsychopharmacology</i> 7: S19-S19 Suppl. 1 June, 2004.
DU, J.; GRAY, N.A.; FALKE, C.; YUAN, P; SZABO, S.T.; AND MANJI, H.K.: Common Chronic Targeting of Mood Stabilizers on AMPA

Glutamate Receptor Subunit GluR1 expression at the synapses. *Journal of Neuroscience* (2004) 24: 6578-6589.

DU, J.; GRAY, N.A.; FALKE, C.; YUAN, P; SZABO, S.T.; MANJI, H.K.: Structurally Dissimilar Antimanic Agents Modulate Synaptic Plasticity by Regulating AMPA Glutamate Receptor Subunit GluR1 Synaptic Expression. *Ann N Y Acad Sci.* (2003) 1003: 378-380.

DU, J; QUIROZ , J.A.; GRAY, N.A.; SZABO, S.T.; ZARATE, C.A.; and MANJI, H.K.: Regulation of cellular plasticity and resilience by mood stabilizers: the role of AMPA receptor trafficking. *International Journal of Neuropsychopharmacology* (2004) 7: 243-248.

DU, J; SZABO, S.T.; GRAY, N.A., MANJI, H.K.: Stress Related Effects on CaMKII: Relevance in Psychiatric Disorders. *International Journal of Neuropsychopharmacology* (2004) 7: 243-248.

EINAT, H., YUAN, P., SZABO, S.T., DOGRA, S., AND MANJI, H.K.: Protein Kinase C Inhibition by Tamoxifen Antagonizes Manic-Like Behavior in Rats: Implications for the Development of Novel Therapeutics for Bipolar Disorder. *Neuropsychobiology.* (2007) 55(3-4):123-131.

HADDJERI, N., SZABO, S.T., BLIER, P., and de MONTIGNY, C. Potentiating effect of lithium on tonic activation of the dorsal hippocampus 5-HT1A receptors produced by antidepressant treatments. *Neuropsychopharmacology* (2000) 22: 346-352.

QUIROZ J.A., SZABO S.T., GOULD T., ZARATE C.A. Jr, MANJI H.K. The Intracellular Neurobiology as a Future Challenge for the Psychopharmacology In: History of Psychopharmacology, Second Edition. F. Lopez-Munoz, C. Alamo, 2005.

SHAPIRA, N, GOLDSMITH, T; SZABO, S.T.; LESSIG, M; STEIN, D; GOLD, MS;: Problematic Internet Use: Proposed Criteria for Classification. *Depression and Anxiety* (2003) 17: 207-216.

SZABO, S.T. and BLIER, P.: Response of the norepinephrine system to antidepressant drugs. *CNS Spectrums* (2001) 6: 679-684.

SZABO, S.T. and BLIER, P.: Effect of acute and sustained administration of reboxetine on locus coeruleus noradrenergic and dorsal raphe 5-HT neurons. *European Journal of Neuroscience* (2001) 13: 2077-87.

SZABO, S.T. and BLIER, P.: Effects of chronic antidepressant drug administration and electroconvulsive shock on locus coeruleus electrophysiologic activity. *Biological Psychiatry* (2001) 50:644.

SZABO, S.T. and BLIER, P.: Functional and pharmacological characterization of the modulatory role of 5-HT projections on the firing activity of locus coeruleus norepinephrine neurons. *Brain Research* (2001) 922: 9-20.

SZABO, S.T. and BLIER, P.: Serotonin1A receptor ligands act on norepinephrine neuron firing through excitatory amino acid and GABAA receptors: a microiontophoretic study in the rat locus coeruleus. *Synapse* (2001) 42: 203-212.

SZABO, S.T. and BLIER, P.: SSRI and 5-HT2A antagonist YM992 produces inverse effects compared to SSRIs on the firing activity of locus coeruleus noradrenergic neurons. *Journal of Pharmacology and Experimental Therapeutics* (2002) 302: 983-991.

SZABO, S.T. and BLIER, P.: The selective norepinephrine reuptake inhibitor reboxetine on norepinephrine and 5-HT neurotransmission. *Neuropsychopharmacology* (2001), 25: 845-857.

SZABO, S.T., de MONTIGNY, C., BLIER, P. Modulation of noradrenergic neuronal firing by selective serotonin reuptake blockers. *British Journal of Pharmacology* (1999) 126: 568- 571

SZABO, S.T., de MONTIGNY, C., BLIER, P. Progressive attenuation of the firing activity of locus coeruleus noradrenergic neurons by sustained administration of selective 5-HT reuptake inhibitors. *International Journal of Neuropsychopharmacology* (2000) 3: 1-11.

SZABO, S.T., GOULD, T.D., and MANJI, H.K.: Chapter 1 - Introduction to Neurotransmitters, Receptors, Signal Transduction, and Second Messengers in Psychiatric Disorders. *The American Psychiatric Publishing Textbook of Psychopharmacology, Fourth Edition, 2009, 3-51.*

SZABO, S.T., GOULD, T.D., and MANJI, H.K.: Chapter 1 - Introduction to Neurotransmitters, Receptors, Signal Transduction, and Second Messengers in Psychiatric Disorders. *The American Psychiatric Publishing Textbook of Psychopharmacology, Third Edition, 2004, 3-51.*

SZABO, S.T., MACHADO-VIEIRA, R., YUAN, P., WANG, Y., WEI, Y., FALKE, C., CIRELLI, C., TONINI, G., DU, J., MANJI, H.K. Glutamate receptors as targets of protein kinase C in the pathophysiology and treatment of animal models of mania. *Neuropharmacology* (2008) 56: 47-55.

SZABO, S.T.; GOLD, M.S.; GOLDBERGER, B.A.; and BLIER, P.: Effects of sustained GHB administration on locus coeruleus norepinephrine neuron activity. *Biological Psychiatry* (2004) 55: 934-939.

Section 1: Adverse Actions

North Carolina Medical Board Public Actions

Date	Description	Link
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None Reported

Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

North Carolina Special Purpose Licensing Agreement

Date	Description	Link
None Reported		

Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			