

## Licensee Information

Julian McClees Aldridge, III - MD

**License #:** 200201215      **License Status:** Active      **Public Action:** No  
**Issue Date:** 09/19/2002      **Renewal Date:** 04/17/2027

### Active Supervisees

Name	Type	Status	Approved
<a href="#">Beneville, Claudia Danielle</a>	Physician Assistant	Active	01/08/2025
<a href="#">Gerstner, Laura Reed</a>	Physician Assistant	Active	09/19/2014
<a href="#">Sweeney, Catherine Ann</a>	Physician Assistant	Active	01/04/2023
<a href="#">Wood, Brian Stewart</a>	Physician Assistant	Active	10/06/2011

### North Carolina Hospital Admitting Privileges

#### Location

North Carolina Specialty Hospital

### Out of State Active/Inactive Licenses

#### State

None Reported

### Out of Country Active/Inactive Licenses

#### Country

None Reported

### Address

EmergeOrtho, PA  
 100 Perkins Drive  
 Chapel Hill, NC 27514  
[919-220-5255](tel:919-220-5255)

### Information

#### Days patients are seen at this practice:

Monday, Wednesday, Thursday

#### Practice philosophy:

I enjoy treating patients with fractures and any disorder (developmental, congenital, etc. . . ) of the upper extremity (fingers, hand, wrist, forearm, elbow, arm). I also have vast experience in treating patients with osteonecrosis of the femoral head.

#### Participates in Medicare:

Yes

#### Accepting new Medicare patients:

Yes

#### Participates in Medicaid:

Yes

**Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):**

Spanish

**Non-English languages in which practitioner is able to provide clinical services (e.g. Hindi, Spanish):**

**Accepting new Medicaid patients:**

No

**Uses electronic medical records:**

Yes

## Medical School

School	Graduation
Wake Forest University	1998

## Post Graduate Training

"Last Year" does not necessarily mean that the licensee completed his/her training program. (In NC, a physician can be licensed without completing such a program.)

Institution	Specialty	State, Country	Training Program	Last Year
Duke University	Other - Orthopaedic Surgery	NC, US	Fellowship	2004
Duke University	Other - Orthopaedic Surgery	NC, US	Residency	2003
Duke University	General Surgery	NC, US	Internship	1999

## Current Board Certification and Year of Certification/Recertification

Physicians should not list non-ABMS or non-AOA specialty boards unless the board meets the criteria set forth in the NC Medical Board's Advertising and Publicity Position Statement.

Primary/Subspecialty	Year
Hand Surgery	2008
Orthopedic Surgery	2006

## Area of Practice

Area Of Practice	Primary
Hand Surgery	
Orthopaedic Surgery	
Orthopaedics	
Orthopedic - Surgery of the Hand	Yes
Orthopedic Surgery	
Orthopedic, Hand Surgery	

## Current Membership in Medical Professional Organizations

Membership
American Academy of Orthopaedic Surgeons
American Medical Association
American Society for Reconstructive Microsurgery
American Society for Surgery of the Hand
Bassett Orthopaedic Society

Duke Hand Club-Treasurer
National Osteonecrosis Foundation
North Carolina Orthopaedic Association
North Carolina Society for Surgery of the Hand - President 2010
Piedmont Orthopaedic Society
Southeastern Hand Society

## Honors & Awards

Honor/Award	Given By	Date
Named to TOP DOCTORS in Triangle	Best Doctors	2009
Named to Best Doctors in America	Best Doctors	2008
AOA/Japanese Orthopaedic Association Traveling Fel	American Orthopaedic Association	2007
Frank H. Bassett Teaching Award	Duke Orthopaedic Surgery	2007
William Ogden Resident Award	Duke Orthopaedic Surgery	2002

## Public Service

Name of Clinic	Service Description	Date
Westminster Presbyterian Church	Habitat for Humanity	once yearly

## Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

## Publications

Title
3. Gaskill, T., Aldridge, J.M., Zura, R.: Recurrent Compartment syndrome: A Review of Literature and Case Reports: Journal of Surgical Orthopaedic Advances, In Press 2009
Aldridge JM 3rd, Urbaniak JR: Osteoarticular Allograft Arthroplasty in the Posttraumatic Reconstruction of the Elbow, Advanced Reconstructive Elbow, AAOS 2007, Pgs 443-449
Aldridge JM 3rd, Urbaniak JR: Free Vascularized Fibular Grafting for the Treatment of Osteonecrosis of the Femoral Head. Techniques in Orthopaedics, Osteonecrosis of the Hip. March, 2008, Vol. 23 No. 1, pp 44-53
Aldridge JM, Atkins TA, Gunneson E, Urbaniak JR: Anterior Release of the Elbow for Extension Loss. J Bone Joint Surgery, 86A (9): 1955-60,2004
Aldridge JM, Atkinson TS, Mallon WJ: Combined Pectoralis Major and Latissimus Dorsi Tendon Transfer for Massive Rotator Cuff Deficiency. J Shoulder Elbow Surgery, November-December 13(6):621-629, 2004.
Aldridge JM, Berend KH, Urbaniak JR: Free Vascularized Fibular Grafting For the Treatment of Postcollapse Osteonecrosis Of The Femoral Head (A Surgical Technique Guide). J Bone Joint Surgery, 86-ASuppl 1:87-101, March 2004
Aldridge JM, Easley M, Nunley JA: Open Calcaneal Fractures: Results of Surgical Treatment. J Orthopaedic Trauma, 18(1):7-11, January 2004
Aldridge JM, Lightdale NR, Mallon WJ., Coonrad RW: Total elbow Arthroplasty with the Coonrad/Coonrad-Morrey Prosthesis A 10- To 31-Survival Analysis: J Bone Joint Surgery (Br) Vol. 88-B, No.4, pp. 509-514, April, 2006

Aldridge JM, Mallon WJ: Hook of Hamate Fractures in Competitive Golfers: Results of Treatment. ORTHOPEDICS, vol. 26, no. 7, July 2003.

Aldridge JM, Mallon, WJ: Hook of Hamate Fractures in Competitive Golfers: Results of Treatment. Abstract from 2002 Piedmont meeting published in Journal of the Southern Orthopedic Association, Vol. 12, No.3, Fall, 2003

Aldridge JM, Perry JJ, Speer KP: Thermal Capsulorrhaphy of Bilateral Glenohumeral Joints in a Pediatric Patient with Ehlers-Danlos Syndrome: A Case Report and Review of the Literature. Arthroscopy. May-June 2003, Volume 19, No. 5, p. 41e-43e

Aldridge JM, Urbaniak JR: Avascular Necrosis of the Femoral Head: Etiology, Pathophysiology, Classification, and Current Guidelines for Treatment. Pinnacle Series, American Journal of Orthopaedic Surgery, Vol. 7, pp. 327-332, July 2004

Aldridge JM, Urbaniak JR: Bone Grafting for Osteonecrosis of the Femoral Head. Seminars in Arthroplasty, Vol. 15, pp. 151-160, 2004.

Aldridge JM, Urbaniak, JR: Avascular Necrosis of the Femoral Head: Role of Vascularized Bone Grafts. Orthopaedic Clinics of North America, Vol. 38, 13-22, Number 1, January 2007

Aldridge JM, Urbaniak, JR: Vascularized Fibular Grafting for Osteonecrosis of the Femoral Head. Advances in Hip Surgery, AAOS, In Press 2009

Aldridge JM, Weaver JP, Mallon WJ: A Previously Unreported Complication of ACL Surgery: Avulsion of the Middle Genicular Artery. The American Journal of Sports Medicine, Vol. 30, No. 5, 2002.

Aldridge, JM and Urbaniak, JR: Free Vascularized Fibular Grafting for the Treatment of Osteonecrosis of the Femoral Head. Techniques in Orthopaedics, Osteonecrosis of the Hip. March, 2008, Vol. 23 No. 1, pp 44-53.

Chad Cook, PhD, PT, Richard Hawkins, MD, J. Mack Aldridge III, MD, Stefan Tolan, MD Ryan Drupp, MD, Michael Bolognesi, MD. Comparison of perioperative complications in patients with and without rheumatoid arthritis who receive total elbow replacement. J Shoulder Elbow Surg (2009) 18, 21-26.

Garrigues G, Korompilias, A.V., Soucacos, P.N., Aldridge III, J.M., Urbaniak JR: Hip Dislocation and AVN treated with FVFG (Vascularized Bone Grafts in Trauma and Reconstructive Microsurgery). Journal of Microsurgery Vol 29 (issue 5), p 342-45; 2009

Garrigues GE, Aldridge JM 3rd, Toth AP, Stout JE: Nontuberculous mycobacterial olecranon bursitis: Case reports and literature review. J Shoulder Elbow Surg. 2008 Nov 17

Garrigues GE, Sabesan V, Aldridge JM 3rd. Acute distal radioulnar joint instability. J Surg Orthop Adv. 2008 Winter; 17(4): 262-6.

Garrigues, GE and Aldridge, JM: J Bone Joint Surg Am. 2007; 89:1594:1597 Acute Irreducible Distal Radioulnar Joint Dislocation. A Case Report

Gaskill TR, Urbaniak JR, Aldridge JM 3rd. Free Vascularized Fibular Transfer for Femoral Head Osteonecrosis: Donor and Graft Site Morbidity. J Bone Joint Surg Am, Aug;91(8):1861-7, 2009.

Hurst J., Aldridge JM: Median Nerve Entrapment in a Pediatric Both-Bone Forearm Fracture: Recognition and Management in the Acute Setting. J Surg Orthopaedic Advances. Vol 15, No. 4, Winter 2006, pp 214-216.

Koman LA, Ruch DS, Aldridge JM: Arterial Reconstruction in the Ischemic Hand and Wrist: Effects on Microvascular Physiology and Health Related Quality of Life. American Journal of Hand Surgery 23(5) 773-82, 1998 September.

Marchant Jr., ME, Zura, RD, Urbaniak, JR, and Aldridge, JM: Hip Incision Planning for Free Vascularized Fibular Grafting of the Proximal Femur: A Handy Tip. Journal of Surgical Orthopaedic Advances, Winter 2007, Vol.16, No. 4, Pgs 204-206.

Richard MJ, Aldridge JM 3rd, Wiesler ER, Ruch DS. Traumatic Valgus Instability of the elbow: Pathoanatomy and Results of Direct Repair. Am J Bone Joint Surg 90(11):2416-22, 2008 Nov

Richard MJ, Aldridge JM 3rd, Wiesler ER, Ruch DS. Traumatic valgus instability of the elbow: pathoanatomy and results of direct repair: Surgical technique. J Bone Joint Surg Am Oct 1;91 Suppl 2:1919-9, 2009

Richard, MJ, Ruch, DS, Aldridge, J.M.: Malunions and Nonunions of the Forearm. Hand Clinics, May, 2007, Vol. 23, No.2, Pgs. 235-243.

Roush TF, Aldridge JM, Berger RA, Rizzo M. No Correlation Between Trapeziometacarpal Arthritis and Abductor Pollicis Longus Insertion. Clinical Orthopaedic Rel Res. (434):138-42, May 2005

Ruch, D, Aldridge JM, Holden M, Smith TL, Koman LA, Smith BP. Arterial Reconstruction for Radial Artery Occlusion. American Journal of Hand Surgery 25(2): 282-90, 2000 March

## Section 1: Adverse Actions

### North Carolina Medical Board Public Actions

Date	Description	Link
None Reported		

### Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

### Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

## Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

### North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

### North Carolina Special Purpose Licensing Agreement

Date	Description	Link
None Reported		

### Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

### Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

### Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			