

Licensee Information

James Richard Liffrig - MD

License #: 9400899 **License Status:** Active **Public Action:** No
Issue Date: 07/23/1994 **Renewal Date:** 10/21/2026

Active Supervisees

Name	Type	Status	Approved
Bowyer, Jennifer Picerno	Nurse Practitioner	Active	02/17/2025
Boyer, Mariel Deshaies	Physician Assistant	Active	01/07/2025
Collins, Nathaniel	Nurse Practitioner	Active	11/13/2017
Cutrell, Darrin Gregory	Physician Assistant	Active	12/31/2020
Erwin, Christy Capps	Nurse Practitioner	Active	01/08/2025
Gachuki, Beth Waiyego	Physician Assistant	Active	03/07/2025
Heyse, Jessica Rakes	Nurse Practitioner	Active	01/06/2025
Kozesky, Thomas James	Physician Assistant	Active	01/12/2025
Locke, Shaw Timothy	Physician Assistant	Active	02/04/2025
Lucas, Mark Patrick	Physician Assistant	Active	12/13/2024
Miedema, Angela Rachelle	Physician Assistant	Active	01/06/2020
Richards, Margaret H	Nurse Practitioner	Active	07/06/2021
Speight, Jamie Lea	Physician Assistant	Active	02/19/2025
Sutton, Renee Elizabeth	Nurse Practitioner	Active	01/09/2025
Wieters, Hallie Chanson	Physician Assistant	Active	01/07/2025

North Carolina Hospital Admitting Privileges

Location
None Reported

Out of State Active/Inactive Licenses

State
None Reported

Out of Country Active/Inactive Licenses

Country

None Reported

Address

FirstHealth Occupational Health and Wellness
522 Allen St.
Suite 203
Troy, NC 27371
[910-571-5170](tel:910-571-5170)
<https://www.firsthealth.org/>

Information

Days patients are seen at this practice:

Mon-Fri

Participates in Medicare:

Yes

Practice philosophy:

I am a Family Physician holding two positions at FirstHealth of the Carolinas. Full time Family Medicine and Medical Director for FirstHealth Convenient Care. I maintain an active full time clinical practice in outpatient Family Medicine.

Accepting new Medicare patients:

Yes

Participates in Medicaid:

Yes

Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):

Spanish

Accepting new Medicaid patients:

Yes

Non-English languages in which practitioner is able to provide clinical services (e.g. Hindi, Spanish):

Spanish

Uses electronic medical records:

Yes

Medical School

School	Graduation
Unif. Svs. Univ. of Hlth Sci	1993

Post Graduate Training

"Last Year" does not necessarily mean that the licensee completed his/her training program. (In NC, a physician can be licensed without completing such a program.)

Institution	Specialty	State, Country	Training Program	Last Year
Madigan Army Medical Center	Other - Faculty Development	WA, US	Fellowship	2003
University of Washington	Public Health	WA, US	Fellowship	2003
Womack Army Medical Center	Family Medicine	NC, US	Residency	1999
Eisenhower Army Medical Center	Other - Transitional	NC, US	Internship	1994

Current Board Certification and Year of Certification/Recertification

Physicians should not list non-ABMS or non-BOA specialty boards unless the board meets the criteria set forth in the NC Medical Board's Advertising and Publicity Position Statement.

Primary/Subspecialty	Year
Family Medicine	2015

Area of Practice

Area Of Practice	Primary
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Family Medicine	
Occupational Medicine	Yes

Current Membership in Medical Professional Organizations

Membership
Alpha Omega Alpha Medical Honor Society
American Academy of Family Physicians
North Carolina Academy of Family Medicine

Honors & Awards

Honor/Award	Given By	Date
None Reported		

Public Service

Name of Clinic	Service Description	Date
None Reported		

Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

Publications

Title
None Reported

Section 1: Adverse Actions

North Carolina Medical Board Public Actions

Date	Description	Link
None Reported		

Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

North Carolina Special Purpose Licensing Agreement

Date	Description	Link
None Reported		

Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			