

## Licensee Information

Chris Nicholas Christakos - MD

License #: 36329 License Status: Active Public Action: No  
 Issue Date: 01/30/1993 Renewal Date: 08/13/2026

### Active Supervisees

Name	Type	Status	Approved
Holland, Stephanie Miles	Nurse Practitioner	Active	11/06/2025
Howell, Jennifer Woodall	Physician Assistant	Active	03/28/2023
James, Brittany Miles	Nurse Practitioner	Active	05/19/2022
Sorensen, Charity Starkes	Physician Assistant	Active	07/10/2024

### North Carolina Hospital Admitting Privileges

#### Location

None Reported

### Out of State Active/Inactive Licenses

#### State

Virginia

### Out of Country Active/Inactive Licenses

#### Country

None Reported

### Address

Atrium Health One Health Family Medicine- Jonestown  
 312 Jonestown Road  
 Winston Salem, NC 27104  
[336-716-7576](tel:336-716-7576)

### Information

Days patients are seen at this practice:

5

Practice philosophy:

I attempt to treat each patient as an individual and do no harm.

Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):

Participates in Medicare:

Yes

Accepting new Medicare patients:

No

Participates in Medicaid:

Yes

Non-English languages in which practitioner is able to provide clinical services (e.g. Hindi, Spanish):

Accepting new Medicaid patients:

No

Uses electronic medical records:

Yes

### Medical School

School	Graduation
Bowman Gray	1990

### Post Graduate Training

"Last Year" does not necessarily mean that the licensee completed his/her training program. (In NC, a physician can be licensed without completing such a program.)

Institution	Specialty	State, Country	Training Program	Last Year
Moses Cone Hospital	Sports Medicine	NC, US	Fellowship	1994
Roanoke Memorial Hosp.	Family Medicine	VA, US	Residency	1993

### Current Board Certification and Year of Certification/Recertification

Physicians should not list non-ABMS or non-BOA specialty boards unless the board meets the criteria set forth in the NC Medical Board's Advertising and Publicity Position Statement.

Primary/Subspecialty	Year
Family Medicine	2014
Sports Medicine	2015

### Area of Practice

Area Of Practice	Primary
Family Medicine	Yes
Sports Medicine	

### Current Membership in Medical Professional Organizations

Membership
American Academy of Family Practice
American Medical Society for Sports Medicine
Forsyth Davie Stokes Medical Society
North Carolina Medical Society

### Honors & Awards

Honor/Award	Given By	Date
None Reported		

### Public Service

Name of Clinic	Service Description	Date
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None Reported
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### Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

### Publications

Title
Christakos, CN, Fields, KB. Exercise in diabetes: Minimize the risks and gain the benefits. The
Christakos, CN, Fields, KB. Exercise in Type I Diabetes: Why Benefits Outweigh Risks. Sports in
Christakos, CN, Fields, KB. Weightlifting and Powerlifting. In: Mellion, MB ed. Sports Medicine
Christakos, CN. Drugs and Athletes. In: Fields, KB and Fricker, PA eds Medical Problems in Athletes
Journal of Musculoskeletal Medicine. September 1995; 16-25.
Malden, MA: Blackwell Science, 1997; Chapter 41:325-331.
Primary Care. March 2001; 17-19.
Secrets Second Edition. Philadelphia, PA: Hanley and Belfus, Inc, 1999; Chapter 103: 473-477

## Section 1: Adverse Actions

### North Carolina Medical Board Public Actions

Date	Description	Link
None Reported		

### Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

### Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

## Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

### North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

### North Carolina Special Purpose Licensing Agreement

Date	Description	Link
None Reported		

### Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

### Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

### Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

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