

Licensee Information

Susan Lovelle-Allen - MD

License #: 200201488 **License Status:** Active **Public Action:** No
Issue Date: 08/10/2018 **Renewal Date:** 05/22/2027

Licensee Photograph



Active Supervisees

Name	Type	Status	Approved
Alfred, Anailys	Nurse Practitioner	Active	04/08/2026
Berlin, Rachel Bethany	Nurse Practitioner	Active	04/02/2025
Branson-Upchurch, Summer Nicole	Nurse Practitioner	Active	06/03/2024
Bridger, Jennifer Rahn	Physician Assistant	Active	10/27/2025
Brown-Schreiber, Jennifer Paige	Nurse Practitioner	Active	03/11/2025
Clark, Jennifer Selleck	Nurse Practitioner	Active	01/07/2025
Coleman, Cameo Green	Nurse Practitioner	Active	10/09/2025
Crouse, Erica Lynn	Physician Assistant	Active	03/20/2025
Glose, Susan Marie	Nurse Practitioner	Active	04/16/2024
Langworth-Brewer, Rita M	Physician Assistant	Active	01/26/2026
Merica, Stephanie	Nurse Practitioner	Active	10/09/2025
Moline, Fred	Nurse Practitioner	Active	11/16/2023
Ofori Buah, Theophania	Nurse Practitioner	Active	03/25/2025
Ohonba, Michelle	Nurse Practitioner	Active	09/17/2024
Ostby, Kristina Marie	Nurse Practitioner	Active	06/13/2025
Oxendine, Suzette Renee	Physician Assistant	Active	05/05/2024
Perez, Sara	Physician Assistant	Active	09/23/2025
Phillips, Zoie Brianne	Physician Assistant	Active	11/25/2022
Rodriguez, Erin Marie	Nurse Practitioner	Active	01/08/2026

Ross, Alexandria Powers	Nurse Practitioner	Active	10/06/2024
Smith, Shannon Machele	Nurse Practitioner	Active	03/03/2025
Sullivan, Anna Nicole Powell	Physician Assistant	Active	12/05/2025
Tate, Donna Smith	Nurse Practitioner	Active	03/09/2026
Taylor, Janika	Nurse Practitioner	Active	10/09/2025
Tondreau, Julianne Miles	Nurse Practitioner	Active	09/29/2024
Young, Shyla S	Nurse Practitioner	Active	11/20/2025

North Carolina Hospital Admitting Privileges

Location
None Reported

Out of State Active/Inactive Licenses

State
Kansas
New York
North Carolina
Pennsylvania

Out of Country Active/Inactive Licenses

Country
None Reported

Address

Balanced Performance
7718 Six Forks Rd
Suite 106
Raleigh, NC 27615
919-925-5910
<https://www.balancedperformance.pro>

Information

Days patients are seen at this practice:

Mon-Fri

Practice philosophy:

Dr. Susan Lovelle, speaker, author, and a former award-winning plastic surgeon, is the Founder and CEO of Balanced Performance. Here, she blends medical expertise with holistic wellness to enhance the personal and professional performance of busy executives and the teams they lead. Focused on optimizing energy, reducing stress, and improving hormonal balance, her innovative programs ensure continued business success while protecting personal health and well-being.

Non-English languages in which office is able to provide clinical services (e.g. Hindi, Spanish):

Non-English languages in which practitioner is able to

Participates in Medicare:

No

Accepting new Medicare patients:

No

Participates in Medicaid:

No

Accepting new Medicaid patients:

No

Uses electronic medical records:

Yes

provide clinical services (e.g. Hindi, Spanish):

Medical School

School	Graduation
Columbia Univ College of Physicians and Surgeons	1988

Post Graduate Training

"Last Year" does not necessarily mean that the licensee completed his/her training program. (In NC, a physician can be licensed without completing such a program.)

Institution	Specialty	State, Country	Training Program	Last Year
Montefiore Medical Center	Plastic Surgery	NY, US	Residency	1996
Montefiore Medical Center	Other - Microsurgery	NY, US	Fellowship	1994
Columbia-Presbyterian Medical Center	Other - Surgery	NY, US	Residency	1993
Columbia-Presbyterian Medical Center	Other - Colorectal Surgery Research	NY, US	Fellowship	1990
Columbia-Presbyterian Medical Center	Other - Surgery	NY, US	Internship	1989

Current Board Certification and Year of Certification/Recertification

Physicians should not list non-ABMS or non-BOA specialty boards unless the board meets the criteria set forth in the NC Medical Board's Advertising and Publicity Position Statement.

Primary/Subspecialty	Year
None Reported	

Area of Practice

Area Of Practice	Primary
Functional Medicine	Yes

Current Membership in Medical Professional Organizations

Membership
ASAPS

Honors & Awards

Honor/Award	Given By	Date
Community Service Award	Lambda Kappa Mu Sorority	2004
25 Best Black Doctors	The Network Journal	2002
Best Doctors in NY (Plastic Surgery)	New York Magazine	1998
Alpha Omega Alpha	Association of American Medical Colleges	1988
Franklin C. McClean Award	National Medical Fellowships	1988

Public Service

Name of Clinic	Service Description	Date
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Premiere Wellness	Community Seminars in Wellness Medicine	January 2018-present
The Lord's Diner	Service on Food Truck	9/2016-2018
LEAP-ISAPS	Humanitarian Surgical Aid in Amman, Jordan	6/2014
Cross Roads Church	Youth Group Team	2015-2017
The Doctors Company	Board Member, Kansas Missouri Advisory Board	2015-2017
Hilltop Urban Church	Youth Group Team Leader	2012-2015
Newton Medical Center	Bi-Annual Skin Cancer Screenings	2010-present

Current Academic Appointments

Title	Institution	City, State, Country
None Reported		

Publications

Title
None Reported

Section 1: Adverse Actions

North Carolina Medical Board Public Actions

Date	Description	Link
None Reported		

Other Regulatory Board or Agency Public Actions

Date	Name of Board/Agency	Action Taken	Link
None Reported			

Health Care Institution Suspensions and Revocations

Date	Health Care Institution	Action Taken
None Reported		

Section 2: Administrative Actions

Actions listed in this section are considered non-disciplinary by the Board. In situations where administrative actions are taken, the licensee may not have met certain statutory requirements or may have failed to follow correct administrative procedures.

North Carolina Medical Board Reentry Agreement

Date	Description	Link
None Reported		

North Carolina Special Purpose Licensing Agreement

Date	Description	Link
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None Reported

Malpractice Information

Incident Date	Payment Date	Area of Practice	City, State, Country	Response
None Reported				

Misdemeanor/DUI/DWI Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

Felony Conviction Information

Conviction Date	Conviction	Jurisdiction	Sentence
None Reported			

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